

## AUDIOLOGY CONFERENCE

In May, all of our Audiologists attended the biannual conference of the Audiological Society of Australia at the Darling Harbour Convention Centre, Sydney. The conference attracted over 1000 registrants and offered workshops, plenary sessions and short presentations on all matters audiological. Highlights included: an update on (Central) Auditory Processing assessment and a new

computer program for training auditory processing skills, a presentation on a new method for selecting suitable hearing aid settings for new hearing aid fittings and an Indigenous 'Round Table' in which five audiologists (including Judith Boswell) offered their opinions on a range of issues affecting ear and hearing health in Indigenous Australians.

**MURRAY BRIDGE BRIDGE CLINIC,  
STANDEN ST, MURRAY BRIDGE**

Our Tuesday visits continue throughout 2010:  
August 3 & 24 September 14  
October 5 & 26 November 16 & 30  
December 14  
**CALL 8410 2900 FOR APPOINTMENTS**

## TRAINING FOR PROFESSIONALS

David and Holly are presenting on (Central) Auditory Processing Disorders to South Australian Speech Pathologists in September.

Judith continues her regular visits to the Northern Territory, providing ear and hearing health training to people working in remote Indigenous communities.

Judith is presenting a 'Masterclass' on Indigenous Hearing Health

in Darwin in October, on behalf of the Australian Association of Audiologists in Private Practice.

David has been invited to present at 'Hearing in the Hill Silver Jubilee' – a seminar to celebrate the 25th birthday of the Broken Hill and District Resource Centre.

## HEARING TACTICS FREE INFORMATION SESSIONS

Adelaide City, Wednesdays: August 25, September 29,  
October 27, November 24

Glenelg North, Tuesdays: August 10, September 7,  
October 5, November 2

Call either office for information or to RSVP.

## HOW TO CONTACT ADELAIDE HEARING CONSULTANTS

51 Angas Street, Adelaide  
(next to the Arts Theatre)  
Ph 8410 2900 Fax 8410 2902  
Email: [city@adelaidehearingconsultants.com.au](mailto:city@adelaidehearingconsultants.com.au)

Suite 1 601-603 Anzac Highway, Glenelg North  
(situated on Old Tapleys Hill Rd)  
Ph 8376 0999 Fax 8376 0255  
Email: [glenelg@adelaidehearingconsultants.com.au](mailto:glenelg@adelaidehearingconsultants.com.au)

Office hours: 9am-5pm Monday to Friday.  
Closed 1 - 2pm

[www.adelaidehearingconsultants.com.au](http://www.adelaidehearingconsultants.com.au)

**? Feel free to call us and  
ask any questions  
about hearing**

"If you do not wish to receive this newsletter, please ask us to remove your name from our mailing list".

ADELAIDE  
**Hearing**  
CONSULTANTS  
Right hear. Right now.

# Right hear. Right now.

the newsletter of Adelaide Hearing Consultants

Newsletter 2, 2010

## FROM THE DIRECTORS



**Happy birthday to us, happy birthday to us!**

Adelaide Hearing Consultants is ten years old. When the practice began in July 2000 we had one office (in the Guide Dogs building, Morphett St) and only two full-time and two part-time staff. Since then our practice has grown to two offices

(city and Glenelg North) with five full-time and five part-time staff. We'd like you to join us at a fund-raising event to celebrate this occasion (as well as a few other things – see below) on Monday August 23. We have also celebrated our birthday by creating a fresh new logo and colour scheme for this newsletter. We hope you like it.



## FUND-RAISER AND WEBSITE LAUNCH

Adelaide Hearing Consultants, 51 Angas St,  
Adelaide PM 23.8.10

**There are FOUR great reasons to attend this event.**

First, it's our tenth birthday, so we want a party. Second, August 23-30 is Hearing Awareness Week, an annual event which promotes community knowledge about services for people with hearing loss. Third, this gives AHC an excuse to launch our new-look website – we hope you'll like the 'one-click' access to information about our services and the friendly graphics created by Dilfinch and Dilfinch (find us at [www.adelaidehearingconsultants.com.au](http://www.adelaidehearingconsultants.com.au)). Fourth, the event will raise funds (via an auction of donated goods and donations for tasty snacks and

drinks) for Indigenous ear and hearing health research. All proceeds from the event will be donated to the Menzies School of Health Research, Darwin, the premier Indigenous health research institute in Australia and the setting for Judith's Indigenous hearing research in the early 1990's. All AHC clients, friends, colleagues and family members are invited to attend. RSVP to 8410 2900 by 20.8.10.

Details: Monday, 23rd August 2010 at 51 Angas St, Adelaide from 4.30 to 7.30 pm.  
Gold coin donation, auctioned goods, refreshments & entertainment.

## OPEN DAYS



with SoundRecover technology!

**Thinking of trying some new technology?**

Come to one of our hearing aid 'Open Days', when we set you up with some new hearing aids to try. The next one is on Monday September 6 at our Glenelg North Office. CALL 8376 0999 FOR MORE INFORMATION.  
(Conditions apply to Office of Hearing Services clients)

## (CENTRAL) AUDITORY PROCESSING DISORDERS *Fast ForWord*

This computer-based training program is proving to be both popular and effective. Every child can benefit from Fast ForWord training, but it is especially valuable for children with delayed language, dyslexia, (Central) Auditory Processing Disorder, Attention Deficit (Hyperactivity) Disorder or Autism Spectrum Disorder.

Even today the results of Cam's efforts with Fast ForWord are still shining through - "he now finishes my sentences when I get tongue tied and I have no idea where he gets the words from - he couldn't even string his own sentence together 18 months ago! The results are just amazing, absolutely brilliant program". Deb (about her son, Cameron).

## (CENTRAL) AUDITORY PROCESSING *Information Sessions*

You are welcome to attend before and/or after a (Central) Auditory Processing Assessment. Come before your child's assessment to find out more about learning problems and listening behaviours and/or come when your child has been

diagnosed to find out what you can do at home to help your child. The sessions are held every 3 or 4 weeks, alternating between the Adelaide and Glenelg offices.

### ADELAIDE CITY (8410 2900)

Thurs September 2 5.30 - 7.00 pm  
Wed October 6 1.00 - 2.30 pm  
Wed November 10 11.00 am - 12.30 pm

### GLENELG NORTH (8376 0999)

Mon August 9 9.30 - 11.00 am  
Tue September 21 9.30 - 11.00 am  
Mon October 25 6.30 - 8.00 pm



## INDIGENOUS EAR HEALTH

### Did you know?

Remote Australian Indigenous children have the highest rates of severe middle ear infection in the world. Around 20% of Indigenous children living in remote Northern Territory communities have holes in their eardrums as a result of ear infections. Judith visits the Northern Territory regularly to provide training to improve the management of this disease and the disabling hearing loss it causes. Help us to raise funds for Indigenous ear health research at our party on August 23.



## BETTER HEARING FOR TV

Do you still struggle to hear the TV, even with your hearing aids? Phonak and Unitron offer wireless devices which are compatible with their hearing aids, to improve your TV listening. Other TV

devices are available if you wear another manufacturer's devices. We have demonstration models we can show you. Just ask your audiologist or call in to one of our offices.



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## TESTIMONIALS

"I never knew songs had lyrics [until I got hearing aids]" (Bob)

"I hardly know that [my hearing aids] are on my ears and they make such a difference to my mobility" (Mick, vision-impaired client)

"Fabulous. They [hearing aids] have made an enormous difference to my life! I couldn't be happier!" (Helen)

## PENSIONER NEWS *Government Hearing Services Vouchers*

If your hearing services are subsidised by the Commonwealth Government, i.e. you are on an aged or veteran's pension, there are some changes you should know about. The hearing service vouchers issued by the Office of Hearing Services are valid for two years. The Office now sends letters to clients asking if they need a re-assessment of their hearing when the two years have passed.

If you receive one of these letters and you would like to have a full review with us, sign the form and return it to Canberra. When you receive your return voucher, telephone us to arrange an appointment (you are not obliged to come back to us, but of course we'd love to see you again!).

## TINNITUS MANAGEMENT COURSE *'Successful Management of Your Tinnitus Annoyance'*

Do you suffer from tinnitus - buzzing, ringing, whistling and other sounds in the ears or head? Have you been told to "go home and learn to live with it"?

There ARE effective ways to reduce your attention to these annoying sounds and to regain control of your life. Hear about the many causes of tinnitus, how these are investigated, the effects of tinnitus, its relationship with hearing, and ways you can reduce tinnitus annoyance - SUCCESSFULLY.

Our one-day workshop gives you skills to help manage your tinnitus annoyance.

Tuesday August 17, 2010.  
Thursday November 18, 2010.

CALL EITHER OFFICE FOR MORE INFORMATION

### Free Community Information Sessions



**Tinnitus SA**

'Tinnitus - Causes, effects and What to do About it'  
Presented by an audiologist from Tinnitus SA

Adelaide City, August 26

Berri, November 12

Norwood, September 2

Modbury, December 3

Victor Harbor, October 15

CALL TINNITUS SA TO  
BOOK: 1300 789 988

## UNWANTED NOISE *The Café and Restaurant Acoustic Index (CRAI) - Australian Acoustical Society (AAS)*

What is it? CRAI is a rating system for cafés and restaurants in Australia according to their acoustic environment.

Why? Restaurants and cafés are engaged in a perpetual competition for good reviews. Most of the reviews focus on the food and services of course, sometimes on the atmosphere, but they seldom mention the noise levels experienced unless it is dramatically affecting the patrons.

Let's now give a chance to all restaurants and cafés to be rated according to the noise levels their patrons are experiencing. This is not a witch hunt, the AAS is giving good reviews when they are deserved.

How? Everyone can rate a restaurant they have recently visited. The data, once processed, lead to a star rating for each restaurant the AAS has had feedback on. Obviously, the more feedback, the more reliable the star attribution is. So in order to gather as much data as possible, the Australian Acoustical Society has created a rating sheet for all patrons (not just a sheet per table) to complete and send to the Society for processing.

Go to: <http://www.acoustics.asn.au/joomla/cafes-a-restaurant-acoustic-index-crai.html>

## EARTrak

EARTrak is an independent survey which explores how much our clients use their hearing aids, what benefits they get from them and how satisfied they are with their hearing aids and with our services. About 6-7 months after your hearing aid fitting, you will receive a survey in the post. Please complete this survey honestly (we accept bouquets and brickbats!) and put it in the postage-paid envelope. Your comments are confidential and the summary reports we receive help us to improve our services to hearing aid

clients. The EARtrak survey allows you to express your satisfaction (or frustration) with your hearing aids. It also gives us an opportunity to offer you further support to achieve success with your hearing aids - but only if you tell us what's wrong. If you do experience any problems at all with your hearing aids, e.g. annoying whistling, discomfort from loud sounds, pain or discomfort in the ear; please call and make an appointment for us to fix your problem.